



The Veterans Squash Rackets Club of Great Britain

MINI NEWSLETTER – SEPT 2020

NOTIFICATION OF THE 57th AGM

You should have recently received notification of the 57th AGM to be held on 28th September 2020. This was postponed from the 15th March at the Club Finals because of Covid-19. Please advise the Hon. Sec. if you have not received the information.

If you have not already done so we would urge you please to read all the proposals and resolutions contained on the Agenda, complete the voting form and return to the Hon. Sec. as soon as possible but at the latest by the meeting date 28th September.

A brief biography of the proposed Chairman and Treasurer is below.

PLEASE RETURN YOUR VOTING FORM NOW
– THANK YOU

PROPOSED CHAIRMAN



Ian Graham

Living at Middleton on Sea with a Squash Club 2 mins away but still play for Chichester.

Married to Anne for 49 years with 2 sons in their 40's. Spent 25 years teaching History and PE at Rugby School and running Rackets, Squash and Tennis before becoming a Housemaster for the last 10 years. Took

up the Headship of Slindon College near Chichester in 1999 and retired in 2014. I loved running a house of 60 teenage boys who were mainly hilarious to be with 24 hours a day. Becoming a Head allowed me to put all my ideas into practice and suffer all the consequences! I started playing squash at Loughborough and played in the Leicester league before playing some age group tournaments. I have won a couple of national and GB Vets titles in my time but getting to the final of the 2016 O65 World Championships in Johannesburg was thrilling (and I also survived 2 weeks sharing a room with Martin Pearse which was never boring!).

I have been retired six years and love going around the country playing in squash tournaments to give my wife a break from my endless hyperactivity. I visit and call 3 elderly people who are lonely each week and have a 97 year old Mum in Bridlington who still lives alone and I run her life from 300 miles away.

PROPOSED TREASURER

As you may be aware, I have put my name forward to take over the Treasurer's position for the GB Vets Club. My Wife does not generally call me a Treasure, so I am not sure about being called a Treasurer, but I am ever hopeful in that respect.

I have been asked to put together a few words about why I would be a good Treasurer for the Vets Club, and have also been warned to add at least a bit of sensible comment! Well..... I had to think about that and I came up with the following points:

1. I rarely if ever lose the score at squash but if that ever happens it is generally in my favour.
2. Marking matches when aided by pen and paper I am pretty accurate.
3. With Brian Brock's (England Squash Masters Event Coordinator) assistance I have managed to conquer being on a 'Tournament Desk' at Regionals and kept the screen in order.

On the more serious side I did manage to stumble through running a reasonably successful business and the Accountants agreed with my figures at year-end, so I do feel I have a steady hand on finance matters.

What I can confirm is that I will attend to my duties studiously and make sure suppliers get paid promptly and your club fees are properly accounted for, need I say more.



Robert Smith

NEW MEMBER

We warmly welcome the following new member who has joined since the last Newsletter:
Mark Jackson
RAC

MIKE CLEMSON

In appreciation of his past, superb services to the GB Vets Club he has been elected an Honorary Life Member. He joins the renowned Jonah Barrington.
Thanks Mike!

AN APOLOGY

In the last Newsletter I wrongly noted that Neil Harrison had lost the O60's title at the British National Masters Tournament in February. He in fact **WON 3/1.**
Sorry Neil!

LANCE KINDER

Did you see Lance on BBC Breakfast on 5th September – being called the 'oldest competitive player on the planet'? He did a fantastic job of promoting our game and at 85 is an inspiration to us all!
Well done Lance!



The Veterans Squash Rackets Club of Great Britain

GETTING BACK TO SQUASH

GB VETS It is difficult to see when squash, as we know it, will return. It is looking more and more likely that it won't be until 2021. As you are aware, all our activities – Festival of Squash at the RAC, Friendly Matches, Tours have been put on hold, but rest assured all activities will be back and up and running immediately Government regulations permit. Please visit our website regularly for updates: www.gbvs.co.uk

ENGLAND SQUASH meanwhile have produced some videos which can be found at

www.englishsquash.com/back-to-squash
They cover:

- **Guidance and resources for the return to play**
- **Guidance for players**
- **Ways to play**

Whilst there is only a slight hint of competitiveness in the ways to play it does at least allow one to get used to hitting that little black ball again and doing training and routines.

ENGLAND SQUASH MASTERS

We know most of you are keen, if not slightly desperate, to return to playing our game, be reassured that ESM are constantly reviewing future options and keeping in touch with possible host Clubs.

We are aiming to offer players at least a partial schedule of Masters' Tournaments in the coming season as soon as Government guidance allows the return of larger group events.

Please check our Homepage for any updates. www.englishsquashmasters.com

ELLA WHEELER WILCOX SAID LAUGH AND THE WORLD LAUGHS WITH YOU WEEP AND YOU WEEP ALONE

WALKING!

Walking just 20 minutes a day can add to your life. This enables you at 85 to spend an additional 5 months in a nursing home at £4000 per month.

My grandpa started walking five miles a day when he was 60. Now he's 97 years old and we don't know where he is.

I like long walks, especially when they are taken by people who annoy me.

The only reason I would take up walking is so that I could hear heavy breathing again.

I have to walk early in the morning before my brain figures out what I'm doing.

Last year I joined a health club to lose weight, spent about £400 in fees. Haven't lost a pound. Apparently you have to go there.

Every time I hear the dirty word 'exercise', I wash my mouth out with chocolate.

I do have flabby thighs, but fortunately my stomach covers them.

If you are going to try cross-country skiing, start with a small country.

I know I got a lot of exercise in the last few years, just getting over the hill.

We all get heavier as we get older because there's a lot more information in our heads.

That's my story and I'm sticking to it!

YOU HAVE TO LOVE A GOOD NURSE

A policeman was rushed to the hospital with an inflamed appendix. The doctors operated and advised him that all was well, however, the policeman kept feeling something pulling at the hairs in his crotch. Worried that it might be a second surgery and the doctors hadn't told him about it, he finally got enough energy to pull his hospital gown up enough so he could look at what was making him so uncomfortable. Taped firmly across his pubic hair and private parts were three wide strips of adhesive tape, the kind that doesn't come off easily --- if at all. Written on the tape in large black letters was the sentence, "Get well soon, from the nurse in the Ford Focus you gave a speeding ticket to last week."

Kind of brings tears to your eyes doesn't it?

STAY FIT, SAFE, HEALTHY & HAPPY!

CHOCOLATE RHYME

Mr Cadbury met Miss Rowntree on a Double Decker.

It was just After Eight.

They got off at Quality Street, and had a drink in Mars bar.

He asked her name. 'Polo, I'm the one with the hole' she said with a Wispa.

'I'm Marathon, the one with the nuts' he replied.

He touched her Cream Eggs, which was a Kinder Surprise for her.

Then he slipped his hand into her Snickers, which made her Ripple.

He fondled her Jelly Babies and she rubbed his Tic Tacs.

Soon they were Heart Throbs.

It was a Fab moment as she screamed in Turkish Delight.

But, 3 days later, his Sherbet Dip Dab started to itch.

Turns out Miss Rowntree had been with Bertie Bassett and he had Allsorts!